



# NESC Academy Online

## Attendance Confirmation

2:35 am, May 25, 2026

Thank you for viewing/attending the following NESC Academy Online lesson:

**Title:** Shiftwork & Managing Fatigue  
**Presenter(s):** Irene Gregory  
**Duration:** 64 minutes

This document serves as confirmation of attendance. We hope you enjoyed the presentation and are able to participate in future sessions.

Thank you,  
NESC Academy Online