



# NESC Academy Online

## Attendance Confirmation

1:00 pm, January 9, 2026

Thank you for viewing/attending the following NESC Academy Online lesson:

**Title:** Earth-Based Analogs & Modeling for Exercise  
Biomechanics in Space  
**Presenter(s):** Lostroscio, Kaitlin  
**Duration:** 60 minutes

This document serves as confirmation of attendance. We hope you enjoyed the presentation and are able to participate in future sessions.

Thank you,  
NESC Academy Online