



# NESC Academy Online

## Attendance Confirmation

8:53 pm, February 6, 2026

Thank you for viewing/attending the following NESC Academy Online lesson:

**Title:** GFSSP Training Course 04: Resistance & Fluid Options  
**Presenter(s):** Majumdar, Dr. Alok K  
**Duration:** 60 minutes

This document serves as confirmation of attendance. We hope you enjoyed the presentation and are able to participate in future sessions.

Thank you,  
NESC Academy Online