



# NESC Academy Online

## Attendance Confirmation

2:39 pm, December 5, 2025

Thank you for viewing/attending the following NESC Academy Online lesson:

**Title:** Shock & Vibration: 01. Natural Frequencies, Part 1  
**Presenter(s):** Irvine, Tom  
**Duration:** 57 minutes

This document serves as confirmation of attendance. We hope you enjoyed the presentation and are able to participate in future sessions.

Thank you,  
NESC Academy Online